



---

## 2023 GIRLS PLAYING RULES

**LENGTH OF GAMES:** Four (4) 12-minute quarters; 5-minute halftime; 2-minute break between quarters, running clock except for start and stop during last 2 minutes of each game.

**PLAYING RULES:** Default to 2022 NCAA rules unless otherwise noted.

**PENALTY TIME:** Penalty time will be kept at the table.

**TIMEOUTS:** Each team will receive one timeout per half. Timeouts not used in the first half do not carry over to the second half. Clock will STOP during timeouts. No timeouts will be granted in overtime periods.

**STICK CHECKS:** No stick checks unless requested by coaches. 1 per game.

**OVERTIME:** If a game is tied after regulation, an overtime period will be played with the first goal scored ending play. 5:00 minutes will be put on the clock and if needed goalies will switch ends at the end of every 5:00 minute overtime period. (If necessary)

**TIE BREAKERS: To Determine Playoff Position/Seeding**

1. *Winning Percentage*
2. *Head to Head*
3. *Goals Allowed (capped at 10 Per Game)*
4. *Goal Differential (capped at 10 Per Game)*
5. *Coin Flip*

**UNSPORTSMANLIKE CONDUCT:** If a player or coach is ejected from a game, at the discretion of the Tournament Director the player or coach may remain ineligible for the next game of the event.